

NSW **Seniors
Festival**
2-15 March 2026



*Live life in
Colour*

IN THE COWRA SHIRE!



COWRA SENIORS FESTIVAL EXPO

Hosted by Cowra Council
Venue: Cowra Civic Centre
Contact: Council Community Development Team
on ph. 6340 2086
Cost: Free!

Join us for live music with Lusi Austin, morning tea, giveaways, free health checks and information stalls from local community groups & service providers.

MARCH
02

Monday
10:30 AM



COWRA CEMETERY TOUR

Hosted by Cowra Family History Group
Venue: Cowra Cemetery / Nguluway Room
RSVP: Friday, 27 February 2026
Contact: Cheryl ph. 0439 048 541 or
cherylmac0753@gmail.com
Cost: \$5 payable on the day.

Discover parts of Cowra's history on this gentle walking tour. Please meet at the carpark near the Uniting/Methodist section, just past the Indonesian graves, using the entrance closest to Canowindra Rd. Remember to wear sensible walking shoes and a hat. Morning tea will follow at the Nguluway Room.

MARCH
03

Tuesday
8:45 AM



COME AND TRY CROQUET!

Hosted by Cowra Croquet Club
Venue: Cowra Croquet Club, Brougham Park
Contact: Jenny ph. 0400 395 196
Cost: Free!

Come and try a friendly game of Croquet and join us for a cuppa afterwards. Only a hat and a comfortable pair of flat shoes required. All equipment will be supplied.

MARCH
04

Wednesday
9:00 AM to
10:00 AM



KEEPING YOUR IDENTITY SAFE ONLINE INFORMATION SESSION

Hosted by Central West Libraries
Venue: Cowra Library
Cost: Free
RSVP: Book directly with Library on 6340 2180

An ID Support NSW industry expert will teach you how to stay safe online and how to protect your ID documents from cybercrime.

MARCH
04

Wednesday
10:00 AM



'BUSTED CANVAS' CRAFT WORKSHOP

Hosted by CWA of NSW - Canimbla Branch
Venue: Nguluway Room
RSVP: Tuesday 3 March 2026
Contact: Geraldine ph. 0422 353 499
Cost: \$5 pp, (includes morning tea)

Let's get creative and make a 'Busted Canvas' masterpiece! \$5 fee payable on the day.

**MARCH
05**

**Thursday
10:00 AM to
2:30 PM**



WOODSTOCK VILLAGE LUNCHEON

Hosted by Cowra/Grenfell Meals on Wheels
Venue: Royal Hotel Woodstock
RSVP: Thursday, 26 February 2026
Contact: Meals on Wheels Office ph. 6342 4165
Cost: \$20 pp payable on the day
Please advise any special dietary requirements

**MARCH
05**

**Thursday
11:30 AM to
2:00 PM**



CINC COMMUNITY MORNING TEA

Hosted by Cowra Information & Neighbourhood Centre
Venue: CINC, 15 Vaux Street, Cowra
Contact: CINC Office ph. 6340 1100
Cost: Free!

**MARCH
06**

**Friday
10:30 AM**



COWRA FOOD HALL

Venue: Cowra Uniting Church Hall, Darling Street
Show your seniors card and receive extra item.

**MARCH
06**

**Friday
9:30 AM
to 11:30 AM**

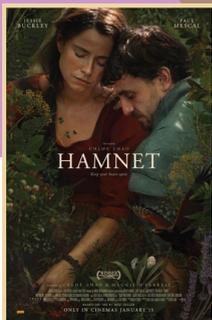


AFTERNOON TEA WITH COWRA SENIOR CITIZENS

Hosted by Cowra Senior Citizens
Venue: Cowra Senior Citizens Centre, Railway Lane
RSVP: Tuesday 3 March 2026
Contact: Robyn ph. 0400 107 539
Cost: Free
Exciting Guest Speaker TBA!

**MARCH
06**

**Friday
2:00 PM**



MOVIE AFTERNOON **HAMNET**

Hosted by Cowra Council
Venue: Cowra Civic Centre
Cost: Free (bookings essential)
Contact: Cowra Civic Centre ph. 6340 2130
Tickets: cowraciviccentre.com or at the box office
Join us for a free screening of this stunning historical drama, imagining the marriage of Agnes Hathaway and William Shakespeare, and how the death of their son Hamnet shaped their love and inspired Hamlet.

MARCH
07

Saturday
2:30 PM



THE LITTLE GALLERY & COWRA ART GROUP OPEN DAY

Hosted by Cowra Art Group
Venue: Rose Garden Centre Cowra
(behind the Cowra Visitors Centre)
Contact: Angela Gillard
Cagsecretary2020@outlook.com
Cost: Free

MARCH
07

Saturday
10:00 AM
to 2:00 PM



LACHLAN VALLEY RAILWAY HERITAGE TRAIN RIDES

Hosted by Lachlan Valley Railway Society
Venue: Cowra Rail Heritage Centre, 3 Campbell St
Contact: Cass Mendham – 0411 790 021
Cost: Seniors free! Normal fares apply to all other passengers (subject to available seating).
Trains depart Cowra station at: 10am, 10.30am, 11am and 11.30am. *A 98-year old rail motor train will convey passengers on a short, 25-minute return journey from the station to the Lachlan River.*

MARCH
08

Sunday
10:00 AM
to 12:00 PM



HIGH TEA AT CINC

Hosted by Cowra Information & Neighbourhood Centre
Venue: CINC, 15 Vaux Street, Cowra
Contact: CINC Office ph. 6340 1100
Cost: Entry by gold coin donation
Bookings essential (Limit of 50)

MARCH
09

Monday
11:00 AM



MORNING TEA WITH COWRA U3A

Hosted by Cowra U3A
Venue: Cowra Senior Citizens Centre, Railway Lane
RSVP: Friday 6 March 2026
Contact: Robyn ph. 0400 107 539
Cost: Free
Theme: Bring along your favourite and most interesting salt and pepper shakers!

MARCH
10

Tuesday
10:30 AM



COOKING WITH KIDS - FOR CARINYA STUDENTS & THEIR GRANDPARENTS

Hosted by Central West Libraries
Venue: Cowra Library
Cost: Free
RSVP: Book directly with Library on 6340 2180

MARCH
10

Tuesday
10:00 AM to
12:00 PM



COWRA THEATRE COMPANY ABSOLUTELY FABULOUS

Hosted by Cowra Theatre Company
Venue: Club Cowra
Cost: \$10 pp includes a light lunch plate
Tickets available via Club Cowra
Contact: Club Cowra ph. 6342 1144
25-minute show featuring one episode of the 1990s British TV comedy, Absolutely Fabulous.

MARCH
10

Tuesday
12:00 PM



COME AND TRY CROQUET!

Hosted by Cowra Croquet Club
Venue: Cowra Croquet Club, Brougham Park
Contact: Jenny ph. 0400 395 196
Cost: Free!
Come and try a friendly game of Croquet and join us for a cuppa afterwards. Only a hat and a comfortable pair of flat shoes required. All equipment will be supplied.

MARCH
11

Wednesday
9:00 AM to
10:00 AM



COWRA ANNUAL SENIORS COMMUNITY LUNCH

Hosted by Cowra/Grenfell Meals on Wheels
Venue: Cowra Bowling Club
RSVP: Wednesday 4 March 2026
Contact: Meals on Wheels Office ph. 6342 4165
Cost: \$20 pp
Entertainment by the wonderful Tony & Jules!

MARCH
11

Wednesday
11:00 AM to
2:00 PM



GOOLOONG VILLAGE LUNCHEON

Hosted by Cowra/Grenfell Meals on Wheels
Venue: Gooloogong Hotel
RSVP: Thursday, 5 March 2026
Contact: Meals on Wheels Office ph. 6342 4165
Cost: \$20 pp payable on the day
Please advise any special dietary requirements

MARCH
12

Thursday
11:30 AM to
2:00 PM



COWRA THEATRE COMPANY ABSOLUTELY FABULOUS

Hosted by Cowra Theatre Company
Venue: Club Cowra
Cost: \$10 pp includes a light lunch plate
Tickets available via Club Cowra
Contact: Club Cowra ph. 6342 1144
25-minute show featuring one episode of the 1990s British TV comedy, Absolutely Fabulous.

MARCH
12

Thursday
1:00 PM



CINC COMMUNITY MORNING TEA

Hosted by Cowra Information & Neighbourhood Centre
Venue: CINC, 15 Vaux Street, Cowra
Contact: CINC Office ph. 6340 1100
Cost: Free!

MARCH
13

Friday
10:30 AM



AUTHOR TALK: ROD HALSTEAD

Hosted by Central West Libraries
Venue: Cowra Library
Cost: Free
RSVP: Book directly with Library on 6340 2180
Meet author Rod Halstead to discuss his latest book, Take My Advice, I'm Not Using It! Adventures of a True Aussie Larrikin

MARCH
13

Friday
10:00 AM



COWRA FOOD HALL

Venue: Cowra Uniting Church Hall, Darling Street
Show your seniors card and receive extra items.

MARCH
13

Friday
9:30 AM
to 11:30 AM



18TH ANNUAL SENIORS TRIVIA CHALLENGE

Hosted by Cowra U3A & Cowra Senior Citizens Club
Venue: Cowra Bowling Club
RSVP: Thursday 12 March 2026
Contact: Bev ph. 0427 956 700
Cost: \$5 pp payable at door (includes afternoon tea)
Bowling Club courtesy bus available - 0428 765 685
The Challenge is on again! Raffle, lucky door and prizes for the top three tables. Table/Teams of eight or we can find you a place!

MARCH

15

Sunday
2:00 PM

WHAT'S ON AT COWRA CIVIC CENTRE?



MARCH
01

BANJO

The poetry of Banjo Patterson. The music of Coldplay. The power of contemporary dance.
Sunday 1st March 2026 @ 2:00PM
Contact: Cowra Civic Centre ph. 6340 2130
Cost: From \$35pp, tickets online or at the box office
cowraciviccentre.com



MARCH
05

JOSH PYKE: FEEDING THE WOLVES AND OTHER STORIES

Regional Solo Tour
Thursday 5th March 2026 @ 7:00PM
Contact: Cowra Civic Centre ph. 6340 2130
Cost: From \$65pp + booking fee
Tickets online or at the box office
cowraciviccentre.com



MARCH
14

MEG WASHINGTON

Natural Beauty Tour
Saturday 14th March 2026 @ 7:30PM
Contact: Cowra Civic Centre ph. 6340 2130
Cost: From \$50pp, tickets online or at the box office
cowraciviccentre.com

The 2026 Seniors Festival in Cowra is a community partnership presentation with contributions from the following organisations.

